

PSYCHOLOGICAL EFFECTS OF A BURGLARY

545 completed surveys were analysed by Victim Support

Feelings after a burglary



A high proportion of victims experience a range of emotional responses to the incident including **anger, shock, worry and fear**



60% of victims said that they were **emotionally affected**



Other common responses experienced were **'depression or anxiety' (35%)** and **'feeling tearful' (26%)**

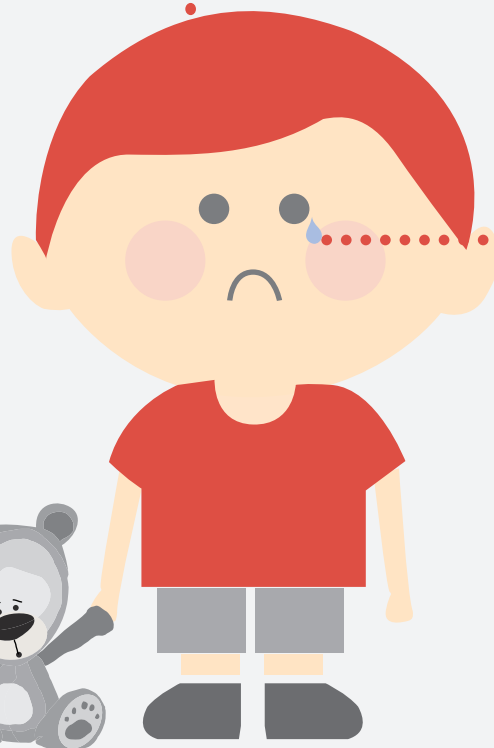


Over half of victims **(57%)** said that they experiences difficulty **sleeping** after they were burgled

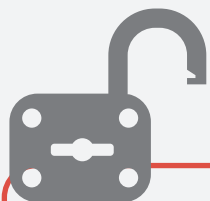
What about kids?



Over half of those with children aged **10 or under** said that they felt fearful for their children after they were burgled.



Burglaries can be traumatic, resulting in nightmares, bed wetting, wanting to sleep in their parents' bed, not wishing to go to school or leave their parents.



21% of victims surveyed said that they had children and/or young people living in their household at the time of the burglary.

Children are often not affected so much by the loss of possessions but the fact that someone has **been in their home.**



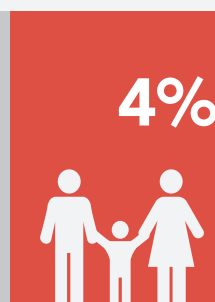
How did the burglary occur?



47% were at home when they were burgled but unaware that the burglary was taking place.



10% were at home when the burglary took place and actually saw the offender.



4% were at home and aware that they were being burgled but did not see the offender.

